



PSHE and RSE

PSHE

The National Curriculum states that Personal, social, health and economic (PSHE) education is an important and necessary part of all children's education. All schools should teach PSHE, in order to support pupils to gain the knowledge, skills, and attributes they need to keep themselves healthy and safe, to help them achieve their academic potential and to equip them with the skills they will need throughout their later life.

Aims

The aim of PSHE education is to provide pupils with:

- accurate and relevant knowledge
- opportunities to turn that knowledge into personal understanding
- opportunities to explore, clarify and if necessary challenge, their own and others' values, attitudes, beliefs, rights and responsibilities
- the skills, language and strategies they need in order to live healthy, safe, fulfilling, responsible and balanced lives

Intent

At Moss Lane, we want our children to learn the skills and knowledge that they need for their spiritual, moral, cultural, mental and physical development. We believe this will prepare them for opportunities, responsibilities and experiences both now, and in their later life.

Through our PSHE lessons, and the wider curriculum, we want children to develop aptitudes, such as teamwork, communication and resilience, which will help them to thrive in the modern world. We also believe it is important for our pupils to know how to be safe and to understand and develop healthy relationships both now and in their future lives.

Implementation

As a school, we have implemented a scheme of work that is in line with the National Curriculum. The PSHE scheme of work contains core learning themes:

- Sex and relationship education (RSE)
- Drugs and alcohol education
- Keeping safe and managing risk
- Mental health and emotional wellbeing
- Physical health and wellbeing
- Careers and economic wellbeing
- Identity, society and equality

Our teaching within each of these themes is designed to provide the children with excellent learning opportunities and experiences to support their wider development.

- PSHE is taught as a discrete subject to ensure the national curriculum skills are delivered as fully as possible but it is also embedded throughout all subject areas. For example, looking at themes of friendship and kindness through our English reading and writing, and keeping ourselves safe online, in Computing.
- **The school has six values (Friendship, Honesty, Responsibility, Respect, Resilience and Independence) which play a central part in the life of the school.**
- We record our learning in our topic books, children have the opportunity to contribute to these regularly and can look through them to revisit previous learning.



- We believe that PSHE should not just be confined to the classroom; it is important to ensure that the children have opportunities to gain 'cultural capital'. This means that they should undertake a wide range of experiences and encounter a wide range of voices that provide them with a broader understanding of the world.
- We celebrate events and undertake shared whole school projects, which build upon our PSHE lessons. For example, collectively marking key national events such as Children's Mental Health Week, Golden Boot and Internet Safety Day.
- We have whole school assemblies where we collectively share and build upon the themes that we have been learning in PSHE.

Impact

- Children will know more and remember more about PSHE and will develop skills and knowledge that will help them to achieve their potential by supporting their wellbeing.
- Children will be able to tackle issues that affect their ability to learn and thrive, such as anxiety and unhealthy relationships.
- Children will develop aptitudes, such as teamwork, communication and resilience that are crucial to navigating challenges and opportunities in the modern world.
- Children will demonstrate a healthy outlook towards school – attendance will be at least in-line with national and behaviour will be good. The large majority of children will achieve age related expectations across the wider curriculum in addition to the core subjects.
- Children will develop positive and healthy relationship with their peers both now and in the future.