



## Bears Home Learning Week Beginning 11.05.2020



Maths	English	Creative	The World	Physical
Collect 10 containers (cups, sauce pan, medicine syringe, bowl, plate, dish etc) and order them from largest to smallest. Which one could hold the most liquid? How can you find out?	Watch the story of Goldilocks and the three Bears <a href="#">here</a> Or read your own version of the story if you have one in a book.	Draw or paint a picture of a bear. Which of the bears is it?	How many different types of bear can you think of? Can you find out where bears live and what they like to eat?	Practise throwing and catching with a small ball, big ball, rolled up pair of socks, knotted tea towel, cuddly toy. Take a step back every time you catch.
Collect up as many cuddly toys as you can. Discuss which is the biggest/smallest. Lay them out in order from smallest to largest, tallest to shortest.	Divide a piece of paper into 6 sections and draw a picture from the story in each section. Can you draw your pictures in the correct order?	Learn the song about the Goldilocks Story <a href="#">here</a>	Make a map for Goldilocks to help her to find her way home in the woods. Or make a map around your house or garden.	Play <a href="#">the chocolate game</a> You could even play over Zoom or Facetime with a friend if you both have chocolate!
Cut some strips of paper all different lengths. Can you put them in order from the longest to the shortest? Or try socks, wool/string, blades of grass or even the chips on a plate!	Think about how Goldilocks might have been feeling after she ran from the house. Write a sorry letter from Goldilocks to the 3 Bears. (Optional template on sSchools.)	Make some spoon puppets with wooden, silver or plastic spoons. 	Can you find out about where bears like to live? Build a den or a cave for one of your teddy bears to live in!	Set up some exercise circuits. Have 1 minute at each station to complete as many moves as you can. See ideas below.
If you have some weighing scales or bathroom scales at home, investigate how much some different items weigh. Can you order the items from heaviest to lightest? Who is the lightest person in your family?!	Make up some actions to retell the story of Goldilocks and the 3 Bears to your family.	Have you tasted porridge? Maybe you could make some with a grown up for your breakfast!	Mrs King has made a video of one of her teddy bears – you can find it on eschools. Could you take your teddy bear on a walk with you? Or make up a story for Mrs King's video?	Practise using a pair of scissors to do some cutting. 
Set up a picnic for the 3 Bears. Can you find the biggest cup/bowl/hat for Daddy Bear, medium for Mummy and smallest for Baby Bear?	Can you make your own version of the story but change some things? Who could be in the story instead of Goldilocks? Which animals could it be instead of Bears?	Use a box to make your own 3 Bears' Cottage – what could you use to make beds? Chairs? Use your spoons to tell the story in the house.	Make a feast for a bear! Or make some bear biscuits or bear shaped toast. 	Choose your own funky fingers activity – lego, play dough, tweezers, scissors, threading, icing biscuits, crafting – you choose!

## Must Dos

*Parents – give the children the sheet to the left or draw one out on paper. Tell them the three must dos on the right and show them the pictures. Ask them to record their Must Dos for the week by drawing a picture and writing under it. Don't forget to tick them off when you are done!*

### Challenge 1

#### Must Do Job 1

Plan and make yourself a sandwich for lunch one day this week.



### Challenge 2

#### Must Do Job 2

Phone or video call a friend or a member of your family this week. Can you think of 3 questions beforehand that you might like to ask them?



### Challenge 3

#### Must Do Job 3

This week be a helper and see if you can use a dustpan and brush, a broom or a vacuum cleaner once every day.



## Ideas for circuits

### Jogging on the Spot

Jog on the spot and try your best to keep in the same place.



### Jogging

Jog from one point to another and try your best to keep the same pace.



### Plank

Hold your body in the plank position for as long as you can. Take a rest when you need to.  
You can put your knees on the floor to make the move easier.



### Leg Raises

Lie on your back and slowly raise one leg. Lower your leg slowly back down to the floor.  
Repeat with the other leg.



### Ladder Run

One at a time, jog up the ladder, placing both feet into each space as you go.  
To make it more challenging, you could step outside the ladder and back in at each space.  
Try to keep your toes pointed and your legs straight.



### Press-Ups

You can put your knees on the floor to make the move easier.

